



THE FFESTINIOG 360 CHALLENGE: REGISTRATION FORM

(Please Print)

PARTICIPANT INFORMATION

Name:		Male:	Female:
Address:			
Postcode:	Email address:		
Date of Birth:	Telephone number:		
T-shirt size required:	Small:	Medium:	Large:

EMERGENCY CONTACT

Name:	
Relationship to participant:	
Contact telephone number:	

DISCLAIMER

The above information is true to the best of my knowledge. I agree to abide by the rules of the Cyclists Highway Code. I understand that I will enter this challenge at my own risk and that no person(s) or organisation(s) will be held responsible for any accident, injury or loss to me prior to, during or after the event. This information will be held in accordance with the Data Protection Act 1998 and will be used for the purposes of administration only.

Signature

Date

THANK YOU VERY MUCH FOR THE FFESTINIOG 360 CHALLENGE.

All proceeds will be donated to Ty Gobaith Childrens hospice located just outside Conwy North Wales.

The route is chosen to circumnavigate Snowdon on smooth roads suitable for both occasional and regular cyclists. We hope you take time to enjoy the fantastic scenery and admire the views of Yr Wyddfa (Snowdon) from all sides. There are one or two hills to negotiate but as you feel the burn in your legs remember you are doing this to improve the lives of those less fortunate than us and your friends are sponsoring one of the best possible causes.

Please make sure your bicycle is legal and road worthy, especially your brakes and tyres, you wear a helmet and ride safely with due regard to the Highway Code and other road users.

The event will start at 8.30am and riders can choose for themselves how quickly they want to complete the route. This is not a race, it's a challenge and we want you to enjoy every mile of this inaugural event. We have a support vehicle available at all times and this can be contacted by calling the telephone number printed on your route card. There will be a check point on the route where you need to have your route card stamped and water will be provided.

All finishers will be presented with a T Shirt and a slate "medal" and tea, soft drinks and cake will be provided.

To enter the challenge fill in the above entry form, and send it together with a cheque for £20.00 made payable to Ffestiniog 360 to the address below. You will receive a route card and receipt for your entry fee.

Return Address

Len Smith
Ffestiniog 360
c/o Antur Stiniog
Units 1 & 2
High Street
Blaenau Ffestiniog
Gwynedd
LL41 3ES

Payment

Registration cost £20.00.
Make Cheques payable to *Ffestiniog 360*.

We will be grateful if you will download the Sponsor form and ask your family and friends to give up their loose change to sponsor you in this event.

Good luck and have a fantastic day.